



DR. SARAH SKOLOUT

NATUROPATHIC PHYSICIAN

Insurance Verification and Benefits

Dr. Skolout is an in-network provider for Premera, Regence, Lifewise, Aetna, Cigna, Uniform, and FirstChoice plans of Washington. However, specific policies vary in their coverage of naturopathic medicine and it is important to verify your coverage prior to your first appointment.

Here are some important questions to ask when calling to verify your benefits. Please bring this completed form to your first appointment.

Patient Name: _____

Insurance Name: _____

Policy Name: _____

Yearly Deductible: _____

Has my deductible been met for the year? YES NO

Does my deductible have to be met before naturopathic care is covered? YES NO

What is my copay amount? _____

What is my coinsurance amount? (The % of each visit you are responsible for) _____

Is there a limit on the number of naturopathic visits per year? YES NO

What is the limit? _____

Do I need a referral from my PCP for naturopathic services to be covered? YES NO

Patient Signature _____ Date _____